



## **For Immediate Release**

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[Institute on Aging](http://Institute on Aging)

### **34th Annual Dinner à la Heart Adds Lunch, Bourbon Pairing Options**

SAN FRANCISCO, CA - This year's Dinner à la Heart fundraiser, slated for Tuesday, February 7, is expanding to offer lunch options in San Francisco, Marin and the Peninsula and a bourbon pairing dinner in Oakland. More than 40 Bay Area restaurants are participating in the annual "dine out for seniors" event, hosting specially created prix fixe dinners on the same day to raise money for the Institute on Aging, the long-established non-profit agency that makes growing older better for local seniors.

Organizers expect upwards of 600 diners to attend [Dinner à la Heart](#) at some of the region's most sought-after eateries; in fact, some of the perennially popular options have already sold out, including Swan's Oyster Depot, Kokkari, Perbacco. Chefs at each participating restaurant will create their own three-course menus and provide them at cost or donate the entire evening's proceeds to Institute on Aging.

Now in its 34th year, the annual event has a proven track record of successful fundraising, thanks to the enthusiastic support of both the participating restaurants and patrons who want to enjoy an evening of fine dining for a good cause. This year's new additions include lunch options at Mission Rock Resort and Le Central in San Francisco, Marin Joe's in Marin, and Sixto's Cantina in Burlingame. Hutch's Bar and Kitchen in Oakland will offer a three-course bourbon-pairing meal with whiskey-infused courses served alongside a shared bourbon flight.

[Reservations for Dinner à la Heart are available online](#), with a limited number of seatings available at each participating restaurant. Ticket prices range from \$85 to \$250 per person. For more information about the event, call Tamara Cameron at 415.602.4174.

### **About the Institute on Aging**

Founded in 1985, Institute on Aging (IOA) is one of Northern California's largest community-based nonprofit organizations providing comprehensive health, social, and psychological services for seniors and adults with disabilities. IOA's mission is to enhance the quality of life for adults as they age, by enabling them to maintain their health, well-being, independence, and participation in the community. Long considered one of the most innovative and diverse organizations of its kind, Institute on Aging currently touches the lives of more than 20,000 seniors and adults with disabilities and their families each year through programs

designed to alleviate isolation, and enable older adults to continue living independently in the community. IOA's services support individuals in San Francisco, Marin, San Mateo, and Santa Clara counties. The Friendship Line reaches older and disabled adults in all 50 states.

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