



For Immediate Release

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Local Restaurants Step Up to Support Seniors
32nd Annual Dinner à la Heart Fundraiser Slated for February 24

SAN FRANCISCO, CA - More than 45 local restaurants are hosting prix fixe dinners on Tuesday, February 24 to raise money for the Institute on Aging, a decades-old non-profit agency that makes growing older better for Bay Area seniors. Organizers expect upwards of 600 diners to attend [Dinner à la Heart](#), hosted at some of the best-known eateries in San Francisco and beyond. Participating chefs create their own three-course menu and provide it at cost or donate the entire evening's proceeds to Institute on Aging. Patrons purchase tickets online to the restaurant of their choice, and half of the ticket price goes directly to Institute on Aging.

"Three decades ago, my father, Sal Sancimino, jumped at the chance to participate in the very first Dinner à la Heart in 1983, so that he could give back to this great city and the people who live here," says Steve Sancimino, whose family has owned Swan's Oyster Depot since 1946. "We're not even open for dinner, but that didn't stop my dad. He just opened the restaurant one night a year. My brothers and I took over the hosting responsibilities a few years later, and we're proud to continue our father's tradition of supporting San Francisco's seniors."

The Sanciminos aren't the only family that has been a part of the fundraiser since the beginning. Dan Stone has been hosting friends and family at Swan's for the entire 32 years and always leaves four or five slots open to invite new friends. One of those friends, Kit Rodgers, has been part of the annual dinner crew for 15+ years and recently agreed to take over Stone's hosting duties.

[Reservations for Dinner à la Heart are available online](#), with a limited number of seatings available at each restaurant. Ticket prices range from \$75 to \$200 per person and include an appetizer, soup or salad, a choice of three entrees, dessert, a glass of wine, and coffee or tea. For more information about the event, call 415.750.3443.

About the Institute on Aging

Founded in 1985, Institute on Aging (IOA) is one of Northern California's largest community-based nonprofit organization providing comprehensive health, social, and psychological services for seniors and adults with disabilities. IOA's mission is to enhance the quality of life for adults as they age, by enabling them to maintain their health, well-being, independence, and participation in the community. Long considered one of the most innovative and diverse organizations of its kind, Institute on Aging currently serves more than 8,000 (unduplicated) seniors and adults with disabilities each year through programs designed to alleviate isolation, and enable older adults to continue living independently in the community. IOA's services support individuals in San Francisco, Marin, San Mateo, and Santa Clara counties.