



**FOR IMMEDIATE RELEASE
FROM INSTITUTE ON AGING**

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**Patrick Arbore, Ed.D., Recipient of the 2013 American Society on Aging Mental Health
and Aging Award**

San Francisco, CA, March 12, 2013 Dr. Patrick Arbore of Institute on Aging (IOA) is today's recipient of the 2013 Mental Health and Aging Award presented by the American Society on Aging for outstanding contributions to the field of aging. IOA would like to congratulate Dr. Arbore on this extraordinary achievement and thank him for his innumerable contributions to the wellbeing of elders and the advancement of IOA.

Dr. Arbore began his career in the field of aging in 1973. He is the founder and the Director of the Center for Elderly Suicide Prevention and Grief Related Services at IOA. These programs serve more than one thousand seniors annually.

“What is special about this award for me is that it is given in recognition of the impact that the Center for Elderly Suicide Prevention and its 24-hour Friendship Line has had on older people and the families, professionals, and volunteers who care for them,” says Arbore. “In receiving this award, I accept it on behalf of Institute on Aging, an agency committed to improving the mental health of older adults locally as well as nationally.”

Dr. Arbore conducts workshops and presents lectures locally and nationally on aging related subjects including elderly suicide prevention, hoarding, substance abuse, compassion fatigue, communication, depression, traumatic loss, and many others. He is the author of numerous articles and book chapters on a variety of topics, including a chapter he co-authored entitled “Suffering and the Caring Professional” in When Professionals Weep: Emotional and Countertransference Responses in End-of-Life Care (2006). He is also a Senior Lecturer in the Human Services Division at Notre Dame de Namur University in Belmont, CA. Patrick has also been a part-time Lecturer in the School of Social Welfare at the University of California, Berkeley.

Institute on Aging (IOA) is a community-based, non-profit organization that touches the lives of thousands in San Francisco, Marin, and the Peninsula. IOA's breadth of services enable adults to maintain their health, well-being, independence and participation in the community. For more than 25 years, IOA has developed and provided innovative programs in health, social service, creative arts, community and professional education. Visit www.IOAging.org or call 415.750.4111 for more information.

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