



For Immediate Release

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Reservations Open for 33rd Annual Dinner à la Heart

SAN FRANCISCO, CA - More than 40 Bay Area restaurants will host specially created prix fixe dinners on Tuesday, February 9, to raise money for the Institute on Aging, the long-established non-profit agency that makes growing older better for local seniors. Organizers expect upwards of 600 diners to attend [Dinner à la Heart](#) at some of the region's most popular restaurants. Chefs at each participating restaurant will create their own three-course menus and provide them at cost or donate the entire evening's proceeds to Institute on Aging.

Now in its 33rd year, the annual event has a proven track record of successful fundraising, thanks to the enthusiastic support of both the participating restaurants and patrons who want to enjoy an evening of fine dining for a good cause. This year's venues offer a full range of dining possibilities, from San Francisco stalwarts such as Kokkari and Harris' Steakhouse to local favorites in Marin County and the Peninsula. Each full menu will include an appetizer, soup or salad, a choice of three entrees, dessert, a glass of wine, and coffee or tea. With some venues already sold out, patrons are encouraged to reserve space at their chosen restaurant as soon as possible.

[Reservations for Dinner à la Heart are available online](#), with a limited number of seatings available at each participating restaurant. Ticket prices range from \$75 to \$200 per person. For more information about the event, call 415.750.3443.

About the Institute on Aging

Founded in 1985, Institute on Aging (IOA) is one of Northern California's largest community-based nonprofit organizations providing comprehensive health, social, and psychological services for seniors and adults with disabilities. IOA's mission is to enhance the quality of life for adults as they age, by enabling them to maintain their health, well-being, independence, and participation in the community. Long considered one of the most innovative and diverse organizations of its kind, Institute on Aging currently touches the lives of more than 20,000 seniors and adults with disabilities and their families each year through programs designed to alleviate isolation, and enable older adults to continue living independently in the community. IOA's services support individuals in San Francisco, Marin, San Mateo, and Santa Clara counties. The Friendship Line reaches older and disabled adults in all 50 states.

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