



For Immediate Release

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One More Chance for Prix Fixe Dining in Support of Local Seniors

33rd Annual Dinner à la Heart Fundraiser Slated for February 9

SAN FRANCISCO, CA - If the end of this year's San Francisco Restaurant Week left you wanting more, the Institute on Aging's annual [Dinner à la Heart](#) fundraiser may be just the ticket. More than 40 of the Bay Area's most popular restaurants will offer specially created prix fixe dinners on Tuesday, February 9, in support of the [Institute on Aging](#), the long-established non-profit agency that makes growing older better for local seniors.

For food enthusiasts who are already missing the excitement of Restaurant Week, [Dinner à la Heart](#) provides one more chance to enjoy an evening of fine dining for a good cause. With some venues participating in this year's event already sold out, patrons are encouraged to reserve space at their chosen restaurant as soon as possible. Seatings are still available at every price range including at Barbacco and Roti Indian Bistro (\$75), Buckeye Roadhouse and Le Central (\$100), Trader Vic's in Emeryville and Perbacco (\$125), Kokkari and One Market (\$150), and Gary Danko and Epic Steak (\$200).

Chefs at each participating restaurant will create their own three-course menus and provide them at cost or donate the entire evening's proceeds to Institute on Aging. Each full menu will include an appetizer, soup or salad, a choice of three entrees, dessert, a glass of wine, and coffee or tea.

[Reservations for Dinner à la Heart are available online](#), with a limited number of seatings available at each participating restaurant. Ticket prices range from \$75 to \$200 per person. For more information about the event, call 415.750.3443.

About the Institute on Aging

Founded in 1985, Institute on Aging (IOA) is one of Northern California's largest community-based nonprofit organizations providing comprehensive health, social, and psychological services for seniors and adults with disabilities. IOA's mission is to enhance the quality of life for adults as they age, by enabling them to maintain their health, well-being, independence, and participation in the community. Long considered one of the most innovative and diverse organizations of its kind, Institute on Aging currently touches the lives of more than 20,000 seniors and adults with disabilities and their families each year through programs designed to alleviate isolation, and enable older adults to continue living independently in the community. IOA's services support individuals in San Francisco, Marin, San Mateo, and Santa Clara counties. The Friendship Line reaches older and disabled adults in all 50 states.