

# The Social Butterfly

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## Out and About in SF

Spring has sprung and the Adult Day Group is hitting the town. This Spring we will be taking small groups to the Jewish Community Center for different history, art and music presentations. We'll also attend the Art of Aging Gracefully Fair, which includes live music, dancing and resources. We are happy to announce that they will also be bringing the action to us too. A docent from the Contemporary Jewish Museum will visit to share the relatable and humorous works of cartoonist Roz Chast.



## USF's Dance in the Community

Every Thursday in February we were so happy to be visited by USF's Dance in the Community. The room lit up with singing, music, storytelling and reminiscing. These wonderful students learn how to combine their

passion for studying dance with their desire to make a positive impact on their communities. The program is built around the belief that the performing arts are an integral part of social change. We were also able to teach them some dance moves too!





This Spring we will be starting our Life Stories Project. We will ask that families send in photographs of our participants during their life. We will photo copy the pictures and send the originals back home.

**“Everyone is necessarily the hero of his own life”**

**-John Barth**



Our very own Anna and Kamesha brightened up our walls with a 3-D paper art project that brings the room to life with butterflies floating off towards an origami potpourri of flowers.

*“Grow old with me! The best is yet to be!” -Robert Browning*



**We love to hear from families and loved ones.  
Drop us a line.**

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