

Loneliness: The Hidden Risk Mental Health in Older Adults

A day-long conference addressing loneliness as a key factor affecting the health and well-being of older adults. Cultural competency is essential in effectively reaching individuals of diverse backgrounds.

CONFERENCE SCHEDULE:

Registration: 8:30– 9:00 am

Welcome and Introduction: 9:00 – 9:30 am • Karyn Skultety, PhD (Institute on Aging)

Opening Session: Loneliness and Social Isolation for Seniors 9:30 –10:30 am
Patrick Arbore, Ed.D (Institute on Aging)

BREAK 10:30 – 10:45 am

Session 2: Consequence of Loneliness: Research and Recommendations 10:45 –12:00 pm
Dr. Carla Perissinotto (UCSF)

LUNCH 12:00 – 1:00 pm

Break Out Sessions Part 1: 1:00 – 2:15 pm

Memory Assessment, Culture, and Loneliness • Tiffany Rideaux, Psy.D. (Institute on Aging)

Loneliness As A Spiritual Challenge • Judith M. Kline, LCSW (DPH)

Community Mental Health: Diversity and Isolation • Christoph Sandoval (Westside Community Services)

Peer Response Team & Compulsive Hoarding • Julian Plumadore and John Franklin (Mental Health Association)

BREAK 2:15 – 2:30 pm

Break Out Sessions Part 2: 2:30 - 3:45 pm

Memory Assessment, Culture, and Loneliness • Tiffany Rideaux, Psy.D. (Institute on Aging)

Loneliness As A Spiritual Challenge • Judith M. Kline, LCSW (DPH)

Community Mental Health: Diversity and Isolation • Christoph Sandoval (Westside Community Services)

Peer Response Team & Compulsive Hoarding • Julian Plumadore and John Franklin (Mental Health Association)

BREAK 3:45– 4:00 pm

Session 3: TBD 4:00 – 4:45pm

Lolita Kintanar (Episcopal Community Services)

Closing Session: 4:45 – 5:00 pm • Patrick Arbore, Ed.D

CONTINUING EDUCATION

6.5 CE credits offered RCFE, BRN, BBS, APA

American Psychological Association (APA): Institute on Aging is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute on Aging maintains responsibility for this program and its content.

California Board of Behavioral Sciences (BBS): Course meets the qualifications for 6.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences (Provider #: PCE 2079)

California Board of Registered Nursing (BRN): Provider approved by the California Board of Registered Nursing, Provider Number CEP 13610 for 6.5 contact hours.

Residential Care Facility for the Elderly (RCFE): This course is pending approval by CDSS for 6.5 hours of continuing education.

FRIDAY MAY 30, 2014

REGISTRATION:

<http://lonelinessconf.eventbrite.com>

<http://www.ioaging.org/loneliness>

General \$119

Senior/Student \$50 (CEs additional \$15)

Breakfast & Lunch provided

With questions contact:

education@ioaging.org | 415.750.4172

LOCATION:

South San Francisco Convention Center

255 South Airport Boulevard

South San Francisco, CA 94080

CONTINUING EDUCATION:

6.5 CE credits offered*

RCFE, LCSW, BRN, BBS, APA

THANK YOU:

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